

# How The Phoenix Builds Community and Supports Addiction Recovery in Kansas

- Substance use disorder (SUD) is a key public health issue
  - Of 46 million people experiencing SUD nationwide, only 9% receive treatment ([SAMHSA, 2022](#))
- The Phoenix is a unique Recovery Community Center ([Kelly et al., 2020](#))
  - Offers accessible meaningful activities and social events (e.g., book clubs, yoga, CrossFit, concerts)
  - In person and online offerings
  - Cost: 48-hours of continuous sobriety

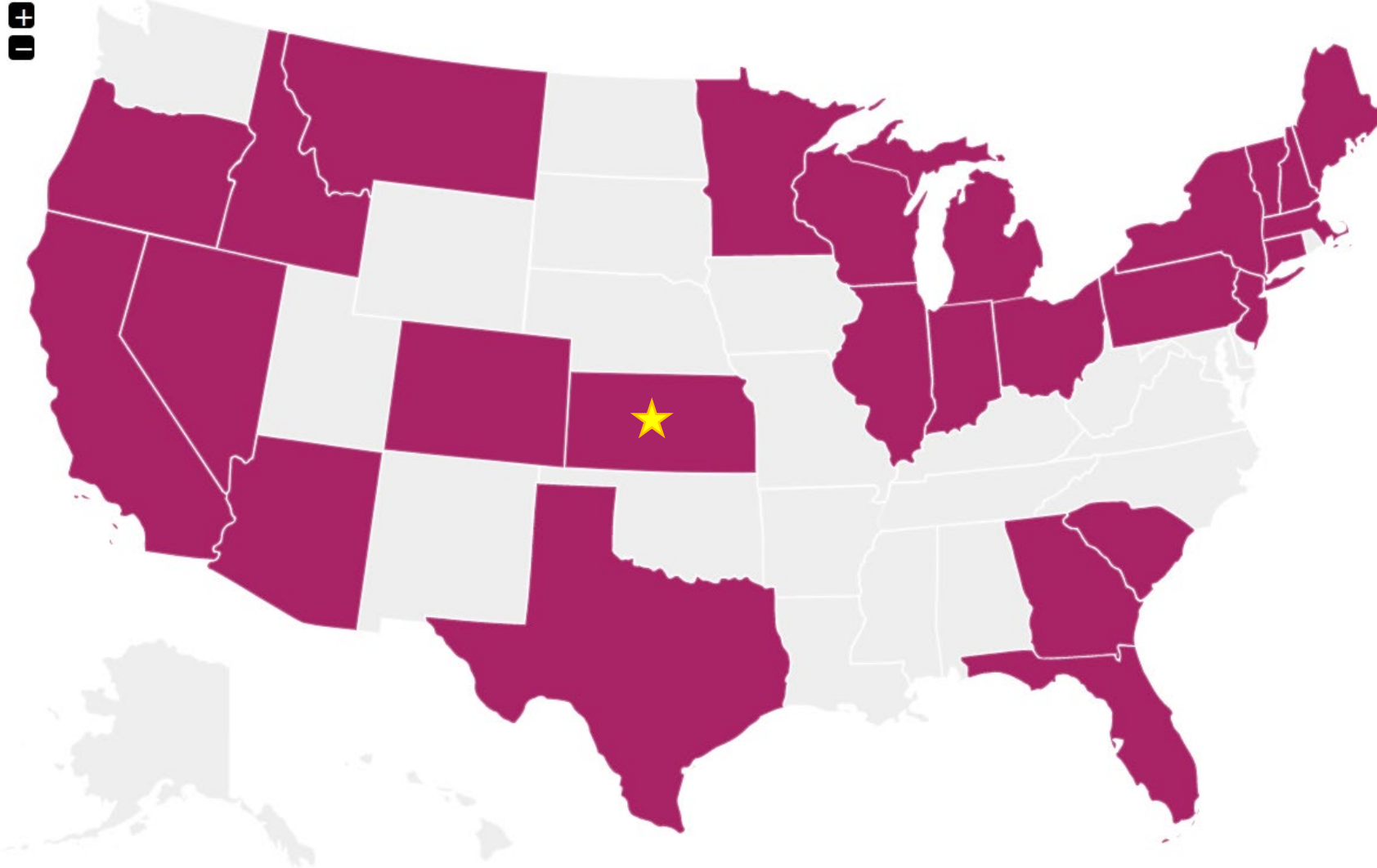


**Our mission is to build sober, active community that fuels resilience and harnesses the transformational power of connection so that together we can rise, recover, and live.**

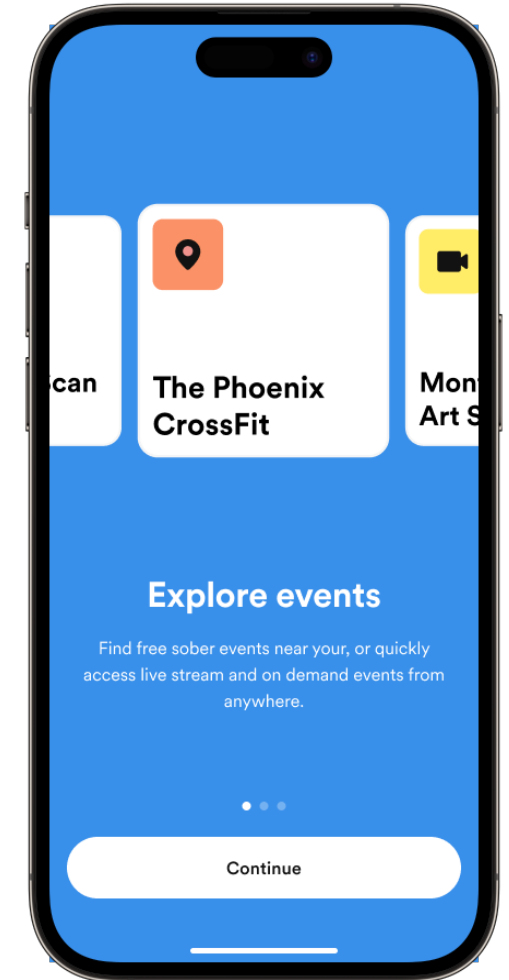
# Phoenix activities are offered in person and online



**THE PHOENIX**  
RISE | RECOVER | LIVE



Darker states represent in-person offerings:  
Kansas location is in Wichita



# Community Standards: Facilitating psychologically safe spaces



**THE PHOENIX**  
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**48 Hours of  
Sobriety**

**Physical &  
Emotional  
Safety**

**Contribute to  
Community**

**Friends,  
Family, &  
Allies  
Welcome**

**Members are  
the face of  
The Phoenix**

**Appropriate  
Apparel**

**Cigarette &  
Tobacco Free**

**Support  
Multiple  
Pathways to  
Recovery**



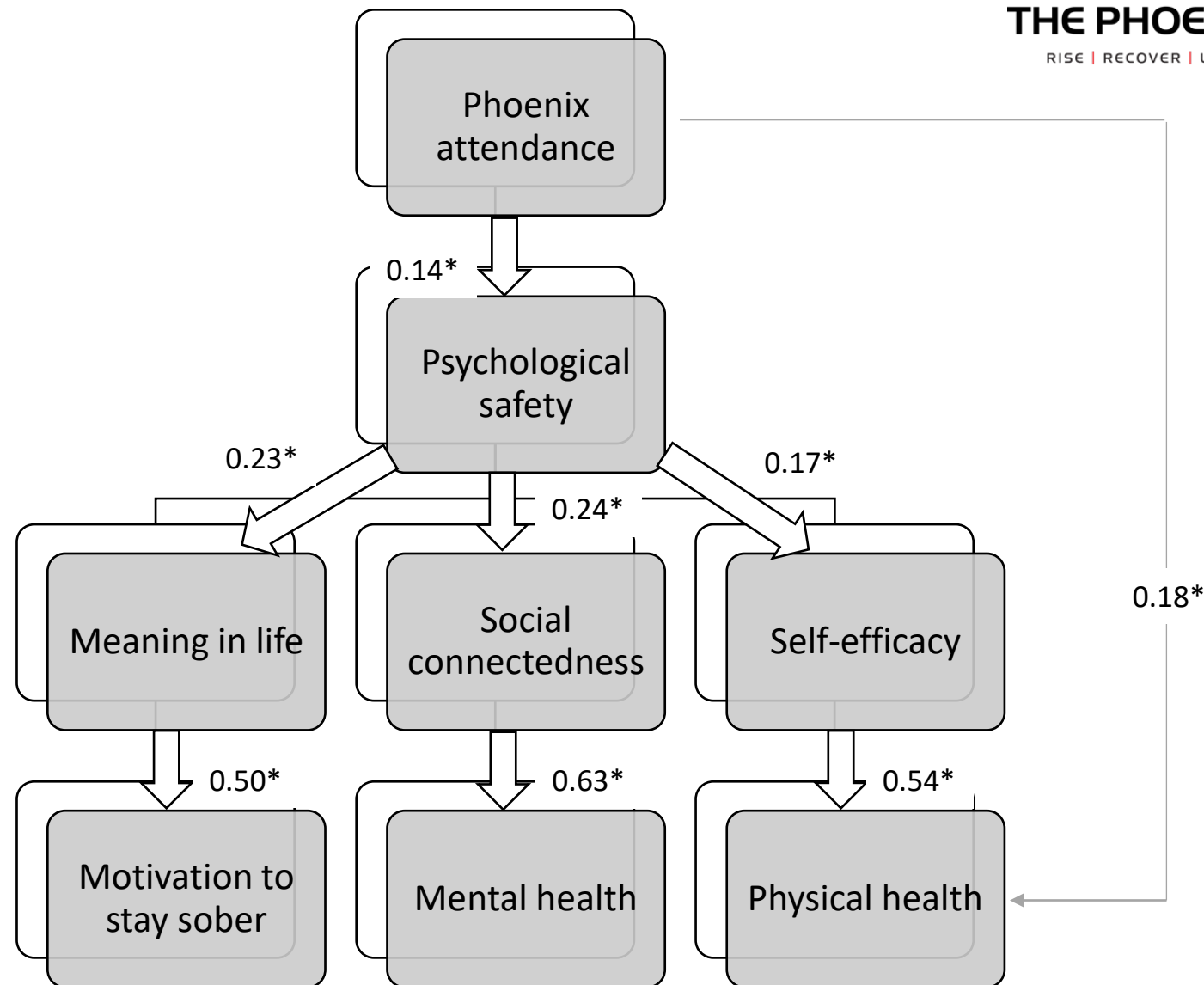
**THE PHOENIX**

RISE | RECOVER | LIVE

3-month survey data show **Phoenix attendance** is significantly associated with members' **psychological safety**, which relates to **greater meaning in life, connectedness, and self-efficacy** which are each significantly related to **improved sobriety motivation, mental health and physical health**.

**Attendance** is also **directly linked** to **improved physical health**.

**Improvements occur** for members who attend events both **in-person** and **virtually** as well as among people **new to recovery, in long-term recovery, and not in recovery (allies and supporters)**.



# Collaborate With Us

Through the power of community and collaborations with partners we aim to:

1. Increase the size and connectedness of the recovery community in Kansas.
2. Reduce stigma experienced by people in recovery through community-focused events and partnerships.
3. Recruit, train and activate additional peer volunteers.

# Contact Us

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