

College Students' Pandemic-Related Behaviors and Concerns: Implications for Institutional Response

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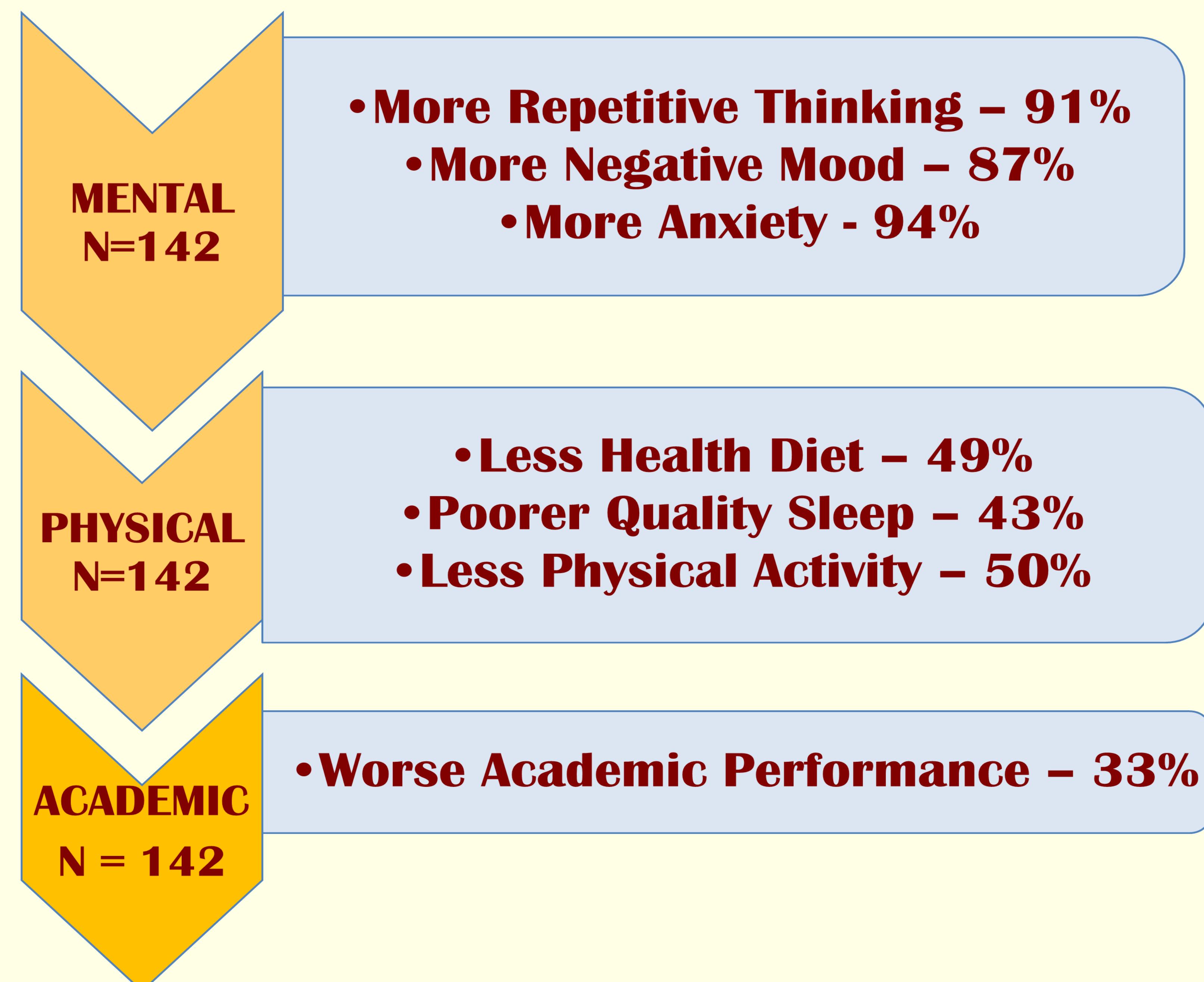
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INTRODUCTION

The COVID-19 pandemic has altered the landscape of higher education, with mental and emotional impacts as well as academic impacts on students.

METHODS & RESULTS

142 enrolled college education students from a Midwestern university were asked to report their pandemic-related behaviors and concerns. Results indicated that due to COVID-19 restrictions, students had consistently negative outcomes and reactions. Percentages below represent participants who indicated a change in the following outcomes during the quarantine.



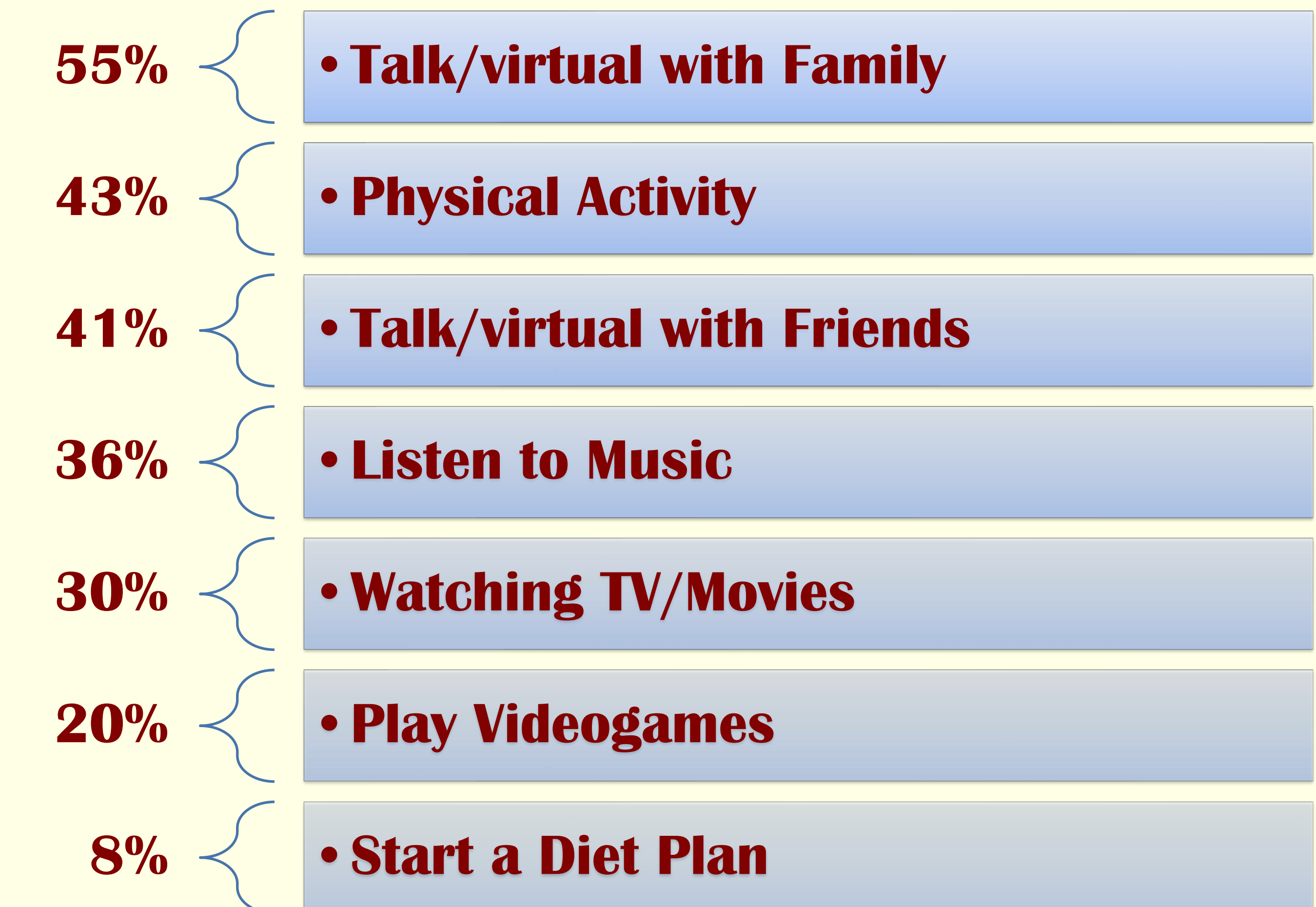
MAJOR CONCERNS

5 Qualitative Themes



COPING STRATEGIES

University Students also indicated that the following coping strategies were all helpful to some degree. The % of the respondents that indicated these coping strategies were "VERY HELPFUL" were:



DISCUSSION & IMPLICATIONS

Implications are discussed for institutes' policy and procedure, including but not limited to mental health and risk communication, during the present pandemic and future emergency or disaster situations.

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