



Help us kick-off NPHW in Kansas by participating in Health Day at the Capitol  
 March 5th, 2009  
 10 A.M. – 2:00 P.M.



National Public Health Week  
 April 6–12, 2009 • [www.nphw.org](http://www.nphw.org)

Dear Kansas Legislator (and Legislative Staff),

Public health plays a critical role in creating a solid health infrastructure for our nation’s health system. From the water we drink, to the safe playgrounds where we take our children, to the well-lit walkways on our local college campuses, public health affects our community. But we don’t have a strong enough foundation to fight the rising tide of obesity and other threats to our nation’s health. That’s why National Public Health Week (April 6–12, 2009, [www.nphw.org](http://www.nphw.org)) is focusing on “Building the Foundation for a Healthy America.”, raising awareness of our role in ensuring a healthy Kansas and a Healthy America!

In Kansas the Kansas Public Health Association, with almost 800 members, and an affiliate of the American Public Health Association, is once again sponsoring NPHW and is kicking off the week on a special day—**Health Day at the Capitol**, as we have the past 4 years. This year with the construction, the events will be different and even more exciting!

From **10am-2pm on March 5th** Washburn University School of Nursing will be hosting a Mobile Health Clinic offering free health screens including BP’s, blood glucose, BMI’S and Cardiac Risk assessment.\* We invite you and all staff out to the unit on the south side of the Capitol grounds to participate! The Kansas University Medical Center, Dykes Library will also provide Wii Health Fitness and KHPA Kansas Health On-line activities in the Docking Cafeteria meeting room C. Support and/or other materials and information provided come from the United Methodist Health Ministry Fund, the Kansas Health Foundation, the Kansas Dept. of Health &Environment and the Kansas Health Institute.


We would also like to arrange a time for health advocates from your District to bring a lunch to your office from **11:30 a.m. to 12:30 p.m. on March 5th** (for you or one of your staff) sponsored by UniCare Health Plan of Kansas, and to visit with you about health issues and legislation. Please have your Secretary contact: Elaine Schwartz at [director@kpha.us](mailto:director@kpha.us) or call 785-233-3103, and let us know that you would be available **for a few minutes or even an hour!** Or, fax this letter to 785-233-3439 with your name and the time filled out in the lines provided below.

For lunch visit:

Legislator Name \_\_\_\_\_ Time Available \_\_\_\_\_

We hope you can join us! Many thanks to our Legislative sponsor, Senator Vicki Schmidt!  
 Sincerely,

  
 Sonja Armbruster, KPHA President

  
 Elaine Schwartz, KPHA Executive Director

\*Funding for this project was provided (\*in part) by the Sunflower Foundation: Health Care for Kansans, a Topeka-based philanthropic organization with the mission to serve as a catalyst for improving the health of Kansans